

Prayers for Faith over Fear & Anxiety

God, please cast fear and anxiety out of _____. Increase (his/her) faith in You and Your power over fear. When (he/she) is afraid, let (his/her) first reaction be to turn to You. Teach _____ to have faith that will overcome (his/her) fears.

God, expand the faith of _____. Help (him/her) believe that You are good and You have (his/her) good in mind. Help (him/her) trust You over the lies of the devil.

God, when _____ is fearful or anxious, draw (him/her) to You. Help (him/her) seek You and something bigger than the frightening things (his/her) eyes want to focus on. Help (him/her) tap into Your power to overcome fearful and anxious thoughts. Protect (his/her) mind. Help (him/her) continually renew (his/her) mind to focus on Your truth.

Give _____ confidence and assurance to choose You; to please You through (his/her) faith. Let Your love cast out all fear, anxiety, negative thoughts, and doubt.

When human nature defaults to fear, help _____ to seek You and find comfort in You. God, I pray that You will be _____'s refuge in times of fear and need.

Should _____ ever be overcome with fear, anxiety, or depression, please provide Godly medical teams to provide care as well as Godly counselors to speak truth and love into (his/her) life.

God, bring to mind Scripture and worship when _____ is fearful. Draw (him/her) to Your Word to fill (his/her) mind with comfort and truth.

Continually bring to mind times when You have been faithful and been there before when (he/she) was afraid and facing uncertainty. Help _____ to remember that You will never leave (him/her) or forsake (him/her). That you constantly pursue (him/her) and welcome (him/her) into Your loving and protective arms.

God, help _____ to quickly realize and call out that fear is not from You; that fear is a liar and thief of joy. Give (him/her) a peace that surpasses understanding when facing scary situations and environments.